



November 24, 2015

FOR IMMEDIATE RELEASE

### ADULT COLORING PROGRAMS AT YOUR LIBRARY

The latest artistic craze of adult coloring books is coming to the Bay County Public Library on December 4<sup>th</sup> from 9 a.m. to 11 a.m. Adult coloring books have intricate designs and patterns and offer a fun and unique way to unwind and express creativity. Adults all over the world are discovering the relaxing, stress-reducing, and meditative benefits of coloring.

All the supplies you need to color away your stress will be provided, including soft music. Participants may bring their favorite coloring supplies and their own refreshments. The event is for all adults and will continue monthly on the first Friday of each month, except in January when the date will be January 8th.

The Bay County Public Library is located at 898 West 11<sup>th</sup> Street in Panama City. Please call 522-2100 or visit [www.nwrls.com](http://www.nwrls.com) for more information on this and other programs.

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